



Watch [youtube.com/properfitclothing](https://www.youtube.com/properfitclothing) for video instructions

FLU MASK PATTERN

PRINT INSTRUCTIONS

-PRINT THE PATTERN AT 100% SCALE OR "ACTUAL SIZE"

-PATTERNS ARE DESIGNED TO PRINT ON STANDARD HOUSEHOLD PRINTERS; LEGAL (US) 8.5 INCHES BY 11 INCHES OR A4 297 MILLIMETERS BY 210 MILLIMETERS.

SUPPLY LIST

OUTER FABRIC: .25 YARDS (TIGHT WOVEN FABRIC)

LINING: .25 YARDS (SOFT COTTON)

BRAIDED ELASTIC (1/8 IN. .32CM): 24 INCHES

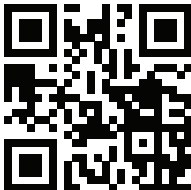
DOUBLE FOLD BIAS TAPE: EXTRA WIDE

FILTER: PM2.5

| SEAM ALLOWANCE: .25 INCH |

VIDEO INSTRUCTIONS

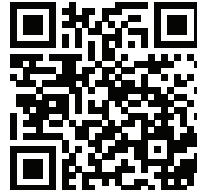
OPEN CAMERA APP AND POINT AT THE QR CODE



LINK WILL BRING YOU TO INSTRUCTIONS

WRITTEN INSTRUCTIONS

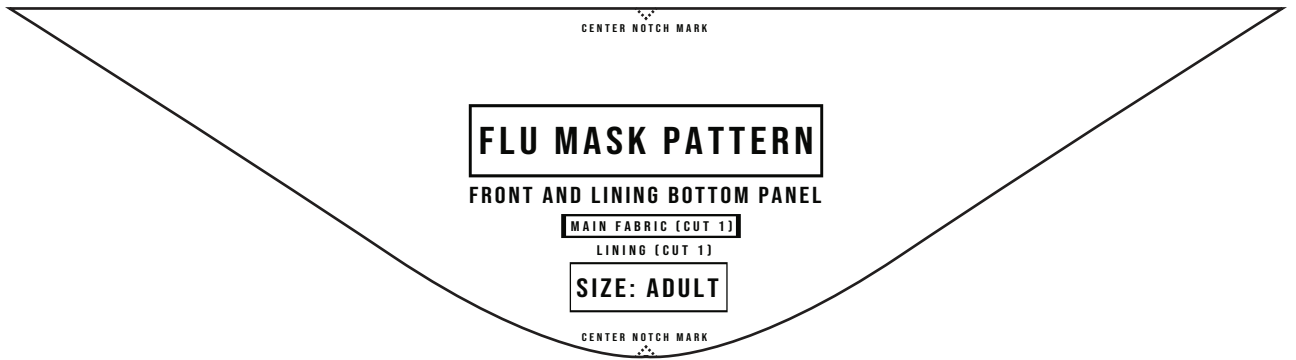
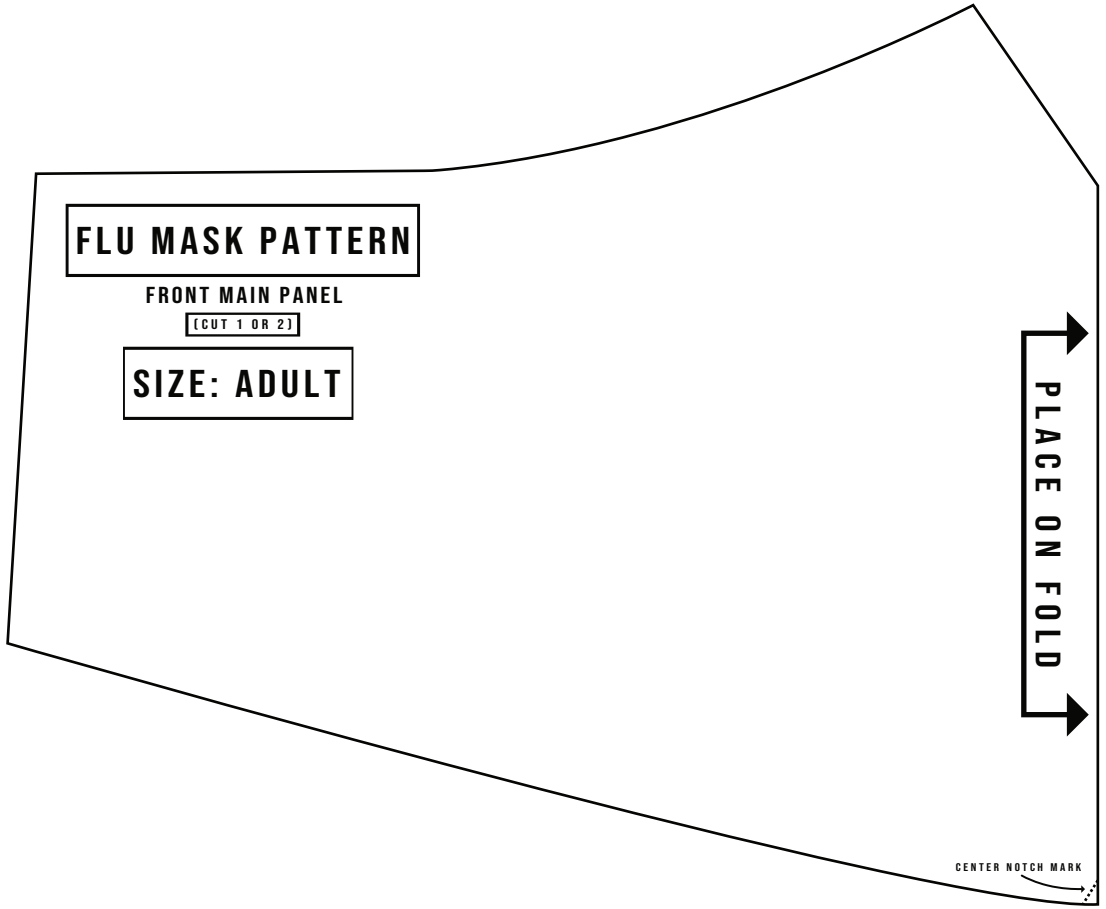
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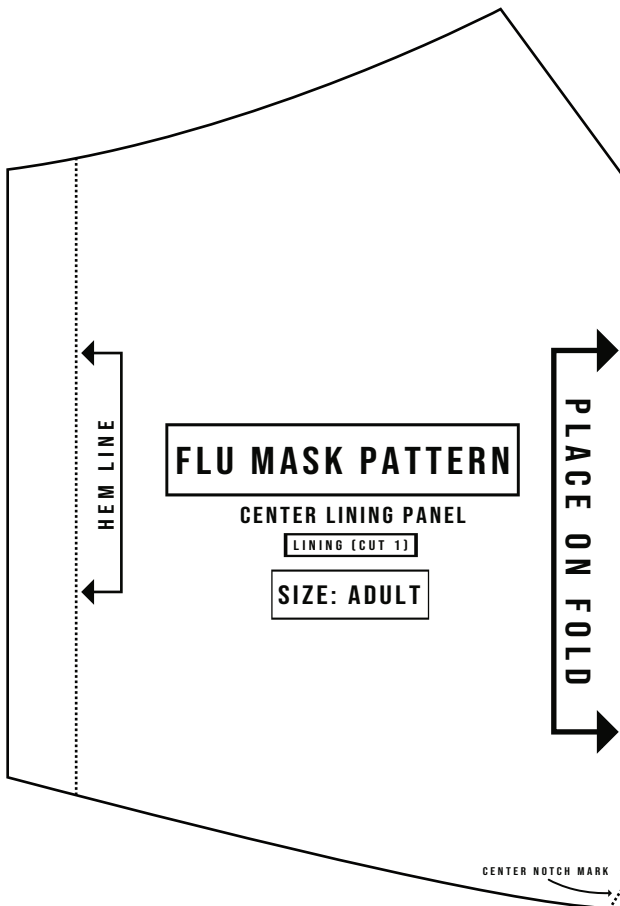
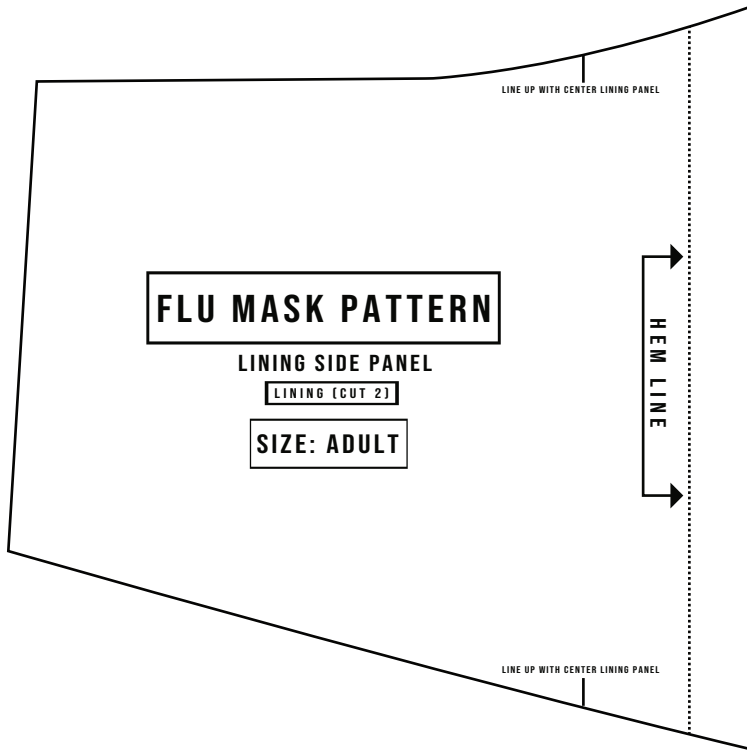


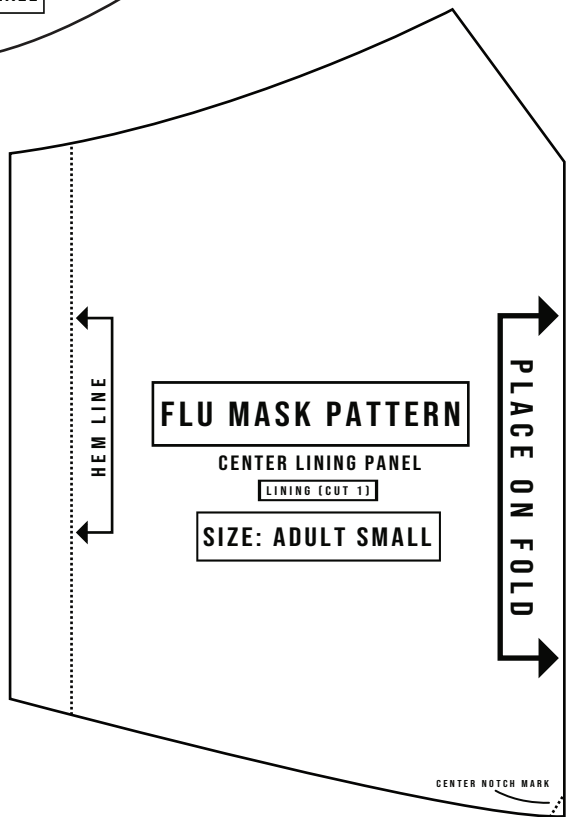
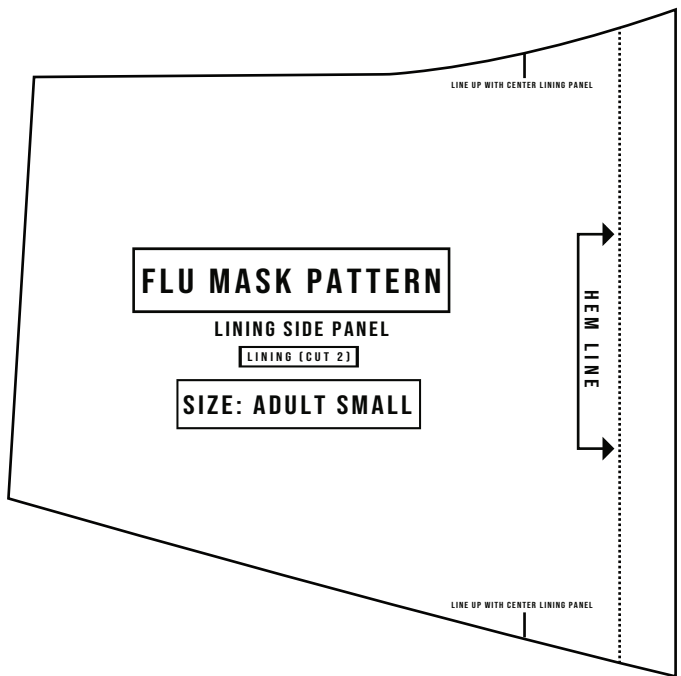
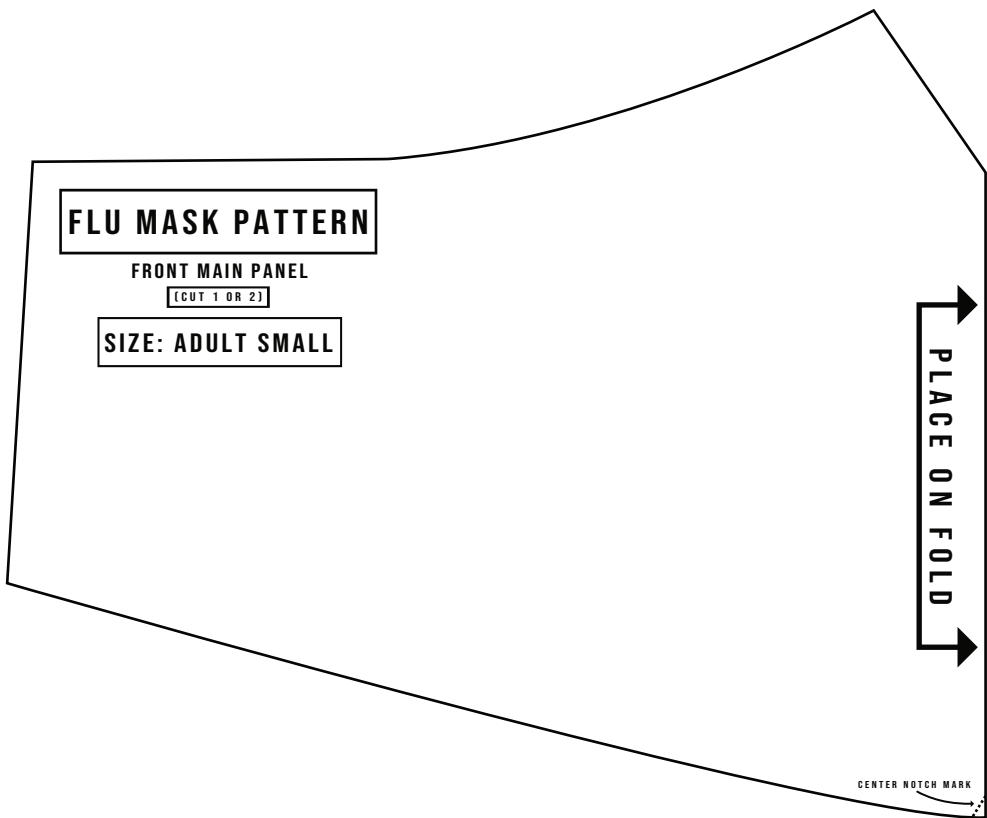
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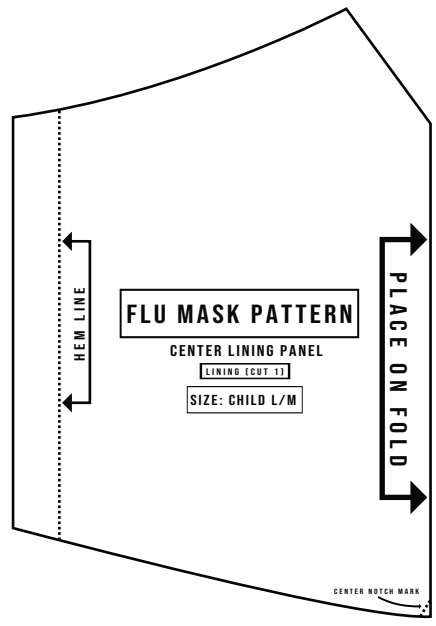
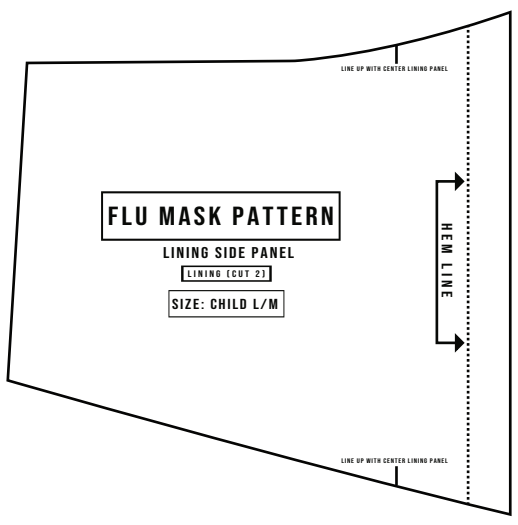
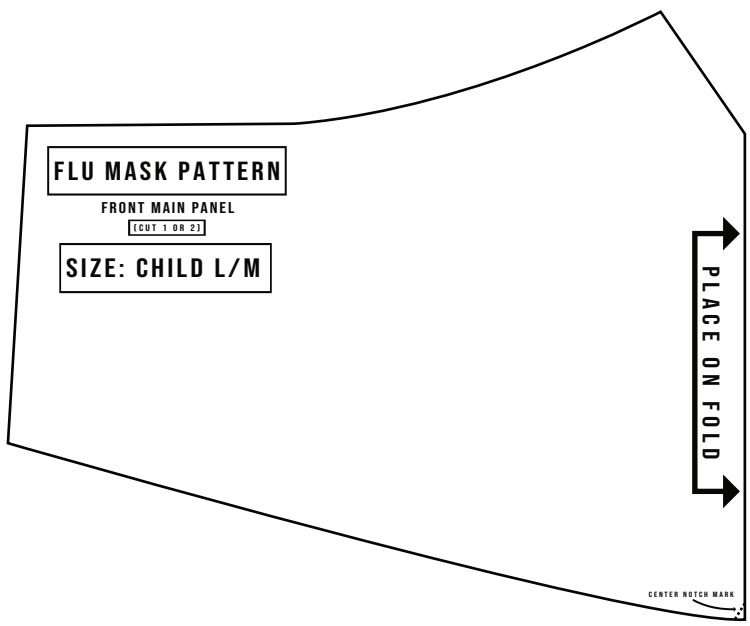


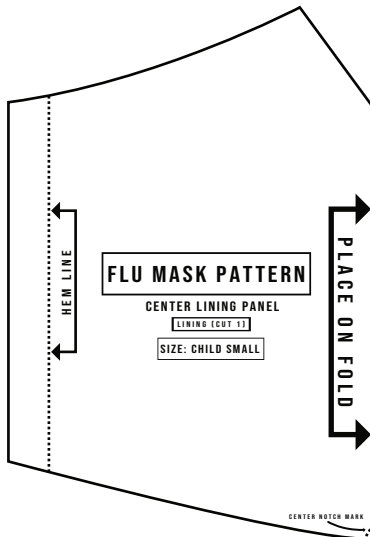
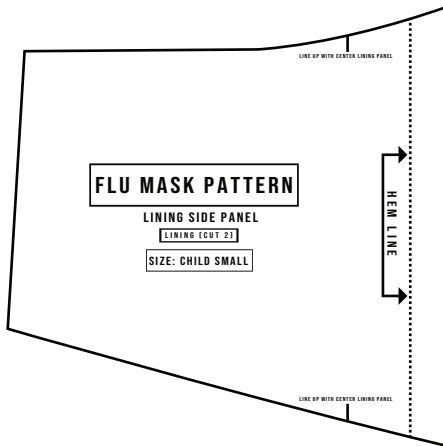
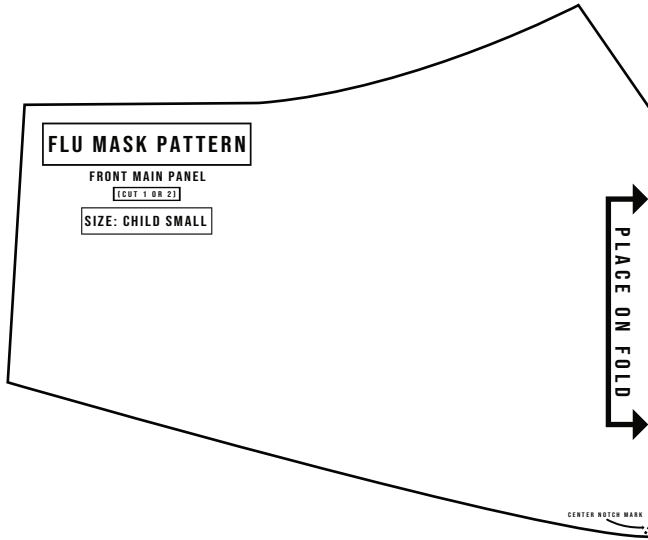
A-1













Face Mask



by ProperFit Clothing

This is a face mask with PM2.5 filter pocket.

Supplies:

Supplies Needed

-LINK to Braided Elastic: <https://amzn.to/3d9LRLF>

-LINK to PM2.5 Filter: <https://amzn.to/2WjyP8k>

-LINK to Coated Wire Tie: <https://amzn.to/2wfnmvA>

-LINK to Bias tape folder kit: <https://goo.gl/E4X5go>

-LINK to Pattern:

<https://www.properfitclothing.com/product-page/fl...>

-LINK to Bias Tape: <https://goo.gl/rtMLte>

-LINK to Fabric: <https://amzn.to/2INrnly>

-LINK to Industrial Bias Tape Attachment:
<https://amzn.to/2Ua3It3>

-LINK to Lining: <https://amzn.to/2QkCcb8>



Step 1: Gather Supplies

-Fabric outer layer: .25 yards (canvas, twill, cotton, or any fabric that is tightly woven)

-Fabric lining: .25 yards (non stretch soft cotton)

-Bias tape: Extra wide

-Braided Elastic 1/8in(.32cm): 24 inches

-PM2.5 filter



Step 2: Cut Pattern

-Front main panel: Cut 1-2 depending on how many layer you want for protection. This can also be determined by how loose your fabric is. Just keep in mind the more layer the more protection.

-Front and lining bottom panel: Cut 1 outer layer fabric. Cut 1 lining fabric.

-Lining side panel: Cut 2 lining fabric

-Center lining panel: Cut 1 lining fabric



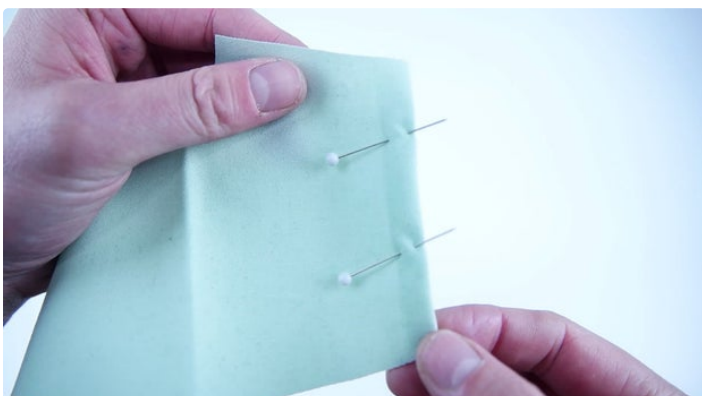
Step 3: Hem Lining

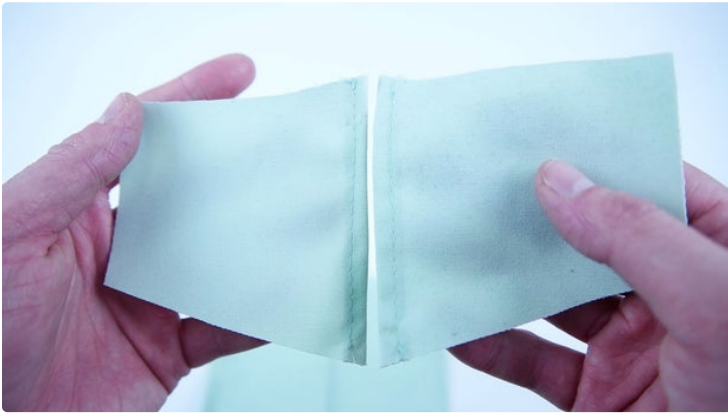
-Mark the hem lines onto the lining panels.

-Both sides of center lining panel and only the inside edges of the lining side panels.

-Roll over and pin edge.

-Sew at .25 inch seam allowance.





Step 4: Lining Peak

- Place the right sides together.
- Sew as close as you can to the edge.



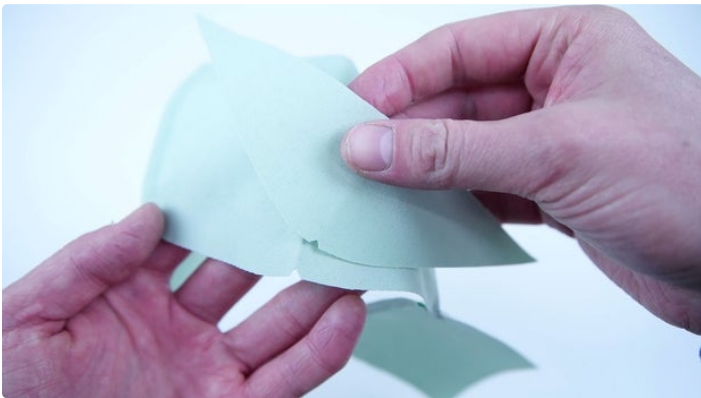
Step 5: Attach Lining Panels

- Overlap the center lining panel with the side lining panels.
- Tack stitch just the bottoms.



Step 6: Attach Lining Bottom

- Line up notch points on bottom lining and center lining panels.
- Pin bottom in to position.
- Sew at .25 inch seam allowance.



Step 7: Tack Stitch

- Tack stitch top overlapping panels.



Step 8: Outer Layer Point

-Place right sides together.

-Sew as close as you can to the edge.



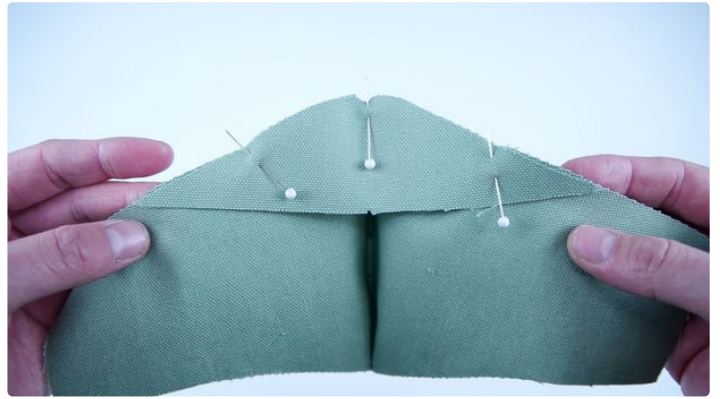
Step 9: Attach Bottom

-Line up notches.

-Pin

-Sew with .25 inch seam allowance.

-This step is done the same way as lining.



Step 10: Place Outer Layer and Lining Together

-Place the outer layer and lining together. Make sure wrong sides are touching.

-Line up bottom notches and nose point.

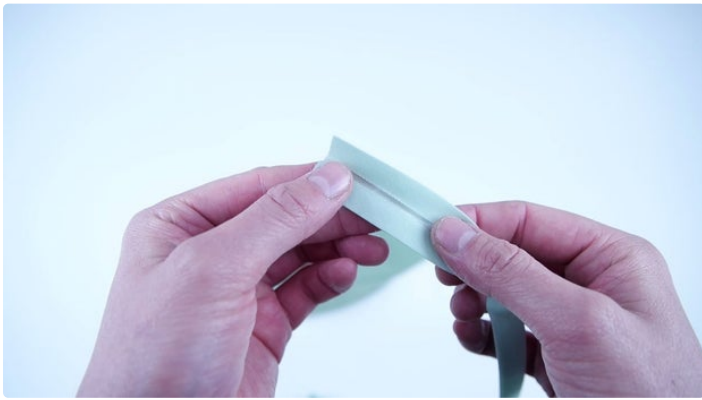
-Pin together.



Step 11: Bias Tape Edges

-You can use made bias tape or bias tape attachment. Both methods work.

-When sewing on top edge bias tape. Add twist tie or other bendy object above the nose. This will allow of adjustment around the nose area. I just mine at 3 inches or you can use a full twist tie.





Step 12: Finish Side Edges

-Serge or zig-zag stitch side edges to prevent fraying.



Step 13: Add Elastic

-Place 12 inches of elastic on outside edge.

-Roll over edge and pin.

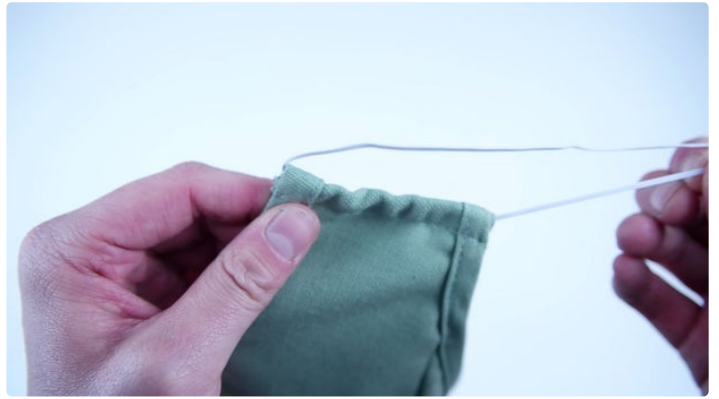
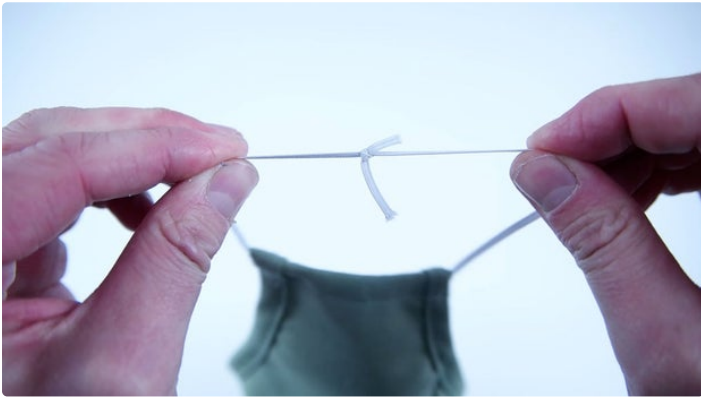
-Do not sew over the elastic.



Step 14: Tie Elastic

-Tie the elastic ends together.

-Move the knot into the hem.



Step 15: Add PM2.5 Filter

-Add the filter into the pocket and you are all finished!



Step 16: Video Instructions

<https://youtu.be/N8WSpnVSsRg>